

It's  
worth  
it!

## Head\_injuries

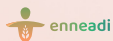
#EUComaAwakeningsDay

A graphic with a background of overlapping green and red circles. The text "EUROPEAN DAY OF AWAKENINGS" is written in large, bold, white capital letters. Below it, "OCTOBER 7TH 2022" is written in smaller, bold, white capital letters.

**EUROPEAN  
DAY OF  
AWAKENINGS**

**OCTOBER 7<sup>TH</sup> 2022**

# COMA AND ITS OUTCOMES



Co-funded by the  
Erasmus+ Programme  
of the European Union



Participants in the #EUComaAwakeningsDay since 2015



*The most important event of the association Gli amici di Luca: the “EUROPEAN DAY OF AWAKENINGS” has come its 8<sup>th</sup> edition under the High patronage of the European Parliament. The event is linked to the “NATIONAL DAY OF AWAKENINGS FOR COMA REASEARCH - IT’S WORTH IT” and it has come to the goal of its 24th edition, with Alessandro Bergonzoni, the Italian artist, actor and writer as its testimonial and historically under the High Patronage of the President of the Republic.*

*This event wants to raise awareness on the institutions and the public opinion about patients with outcomes from coma and their families in order to make their rights and problems always on the public eye and their needs constantly and consciously intercepted in our region and in any other geographical area of reference.*

*The event of information on coma, vegetative state and severe acquired brain injuries is celebrated again to give voice to patients with outcomes from coma and their families, to highlight care critical issues and to explore new research borders.*

*Since 1999 this event has strengthen in time and it has grounded both in the Italian regional and national territory and at European level.*

*Two venues in particular constitute particular moments of attention and participation, starting from two fundamental components.*

*The first one is the project of the “House of Awakenings Luca De Nigris”, a public centre for rehabilitation and research of the Local Health Authority in Bologna, that is shared with the Municipality of Bologna and recognized by the Emilia Romagna region. It is an innovative and unique model in Italy and Europe, built in Bologna in the area of the hospital Bellaria that consolidate a new philosophy of the cure and it promotes the central role of the family.*

*This centre will host the open day on October 7<sup>th</sup> in the morning with connections to partner countries on common projects over the coma cases and the weakness of the patient.*

*It is an extremely important initiative that involves thousands of patients and their parents / caregivers as subjects and end-users, experiencing the problem of living again after a severe acquired injury in Europe.*

*The goal is to reassure patients and to strengthen the network of care, social and cultural services in their spare time, to let them make a wide and articulate resocialisation in the local social composition outside of the family, and also to raise awareness on an extended public through testimonies of life.*

*The association Gli Amici di Luca is present in Italy in the “National Observatory on the Condition of Patients with Disabilities” and it is involved in the application of the plan of action that endorses the UN Convention on disadvantaged patients.*



# DETAILED PROGRAM OF THE EVENT



Bologna | Friday, October 7<sup>th</sup> 2022 , 9.00-12.30 a.m

Garden of the Casa dei Risvegli Luca De Nigris - Via Giulio Gaist, 6

## DAY OF AWAKENINGS - OPEN DAY

*in cooperation with*

*CSI (Centro Sportivo Italiano - Italian Sport Centre),  
Curia Arcivescovile (Archiepiscopal Curia), Pastorale giovanile (Youth Pastoral),  
Estate Ragazzi (Social Entertainment for young students) ,  
CIP Comitato Italiano Paralimpico (Italian Paralympic Committee),  
Croce Rossa Italiana (Italian Red Cross),  
Avis Provinciale di Bologna (Association of Italian Blood Donors),  
Rotary Club Bologna*

Since many years the “National Day of Awakenings” is traditionally an occasion of meeting with the citizenry to enhance the need for looking at differences, expressing solidarity, enjoying together in a place of care linked to the town that reiterates its normality with patients, families, caregivers and volunteers.

## PROGRAM

- From 9.00 a.m.: Sport initiatives adapted to the presence of children from schools.
- Presentation of the ENNEADI project (European Network in Nutritional Education for Acquired Disabilities) co-financed by the Erasmus + Program of the European Union, coordinated by the Vocational Training Centre Futura together with the University of Bologna - Department of Sciences for the Quality of Life.

Some European partners and Italian towns will be connected and they will take part with different initiatives to the Day of Awakenings for Coma Research: **Valencia (Spain)**, **Siauliai (Lithuania)**, **Liege (Belgium)**, **Cascais (Portugal)**, **Gioia del Colle (BA)**, **Pescara**, **Salerno**, **Agnone (IS)**, **Verona**.

**At 11.30 h.** Greetings from the authorities, with the participation of Alessandro Bergonzoni, testimonial of the House of Awakenings Luca De Nigris.

Throw of ecological and biodegradable balloons with “Messages for an awakening”

 Bologna | Friday, October 7<sup>th</sup> 2022 , 9.00 p.m.

DAMSLab/Teatro - Piazzetta P. P. Pasolini, 5/b

It was 2012, when the theatre project by Babilonia Teatri “Pinocchio - Il paese dei balocchi”(Pinocchio – Wonderland) was founded. It consists of one of the most brilliant and revolutionary Italian realities on research theatre and the theatre company of the Association Gli amici di Luca, composed by patients with outcomes from coma who started a therapeutic path where theatre activities are also part of.

In 2012 the performance had a preview at the Luca De Nigris House of Awakenings in Bologna within the scope of the 14th edition of the National Day of Awakenings for coma research - It's worth it, under the High Patronage of the President of the Republic. On the occasion of its tenth anniversary, the performance is repropose during Alma Mater Fest, the event welcoming students at the University of Bologna.

  
ALMA MATER STUDIORUM  
UNIVERSITÀ DI BOLOGNA  
DIPARTIMENTO DELLE ARTI

  
DAMSLAB

presents



**BABILONIA TEATRI**



in

# PINOCCHIO

by Enrico Castellani e Valeria Raimondi

As part of the “National and European Day of Awakenings”

with the contribution of





**FREE ENTRANCE**

with mandatory booking on [damslab.unibo.it](http://damslab.unibo.it)

Special thanks to **Paolo Scotti** who assisted us in this adventure

 Bologna | Saturday, October 8<sup>th</sup> 2022, 9.00 a.m - 2 p.m.

Cappella Farnese - Palazzo d'Accursio - Piazza Maggiore, 6

## COMING BACK “HOME” AFTER A SEVERE BRAIN INJURY

### *The taking over and life project*

*with the patronage of the Ministry of Health*

This congress wants to examine the phase in which, after achieving the goals of the individual intensive rehabilitative project at the hospital, it is possible to develop an individual rehabilitative project with goals consistent with home or a care contest outside of the hospital

The report, the speakers and the complete program are available on

[www.amicidiluca.it](http://www.amicidiluca.it)



Bologna | Sunday, October 9<sup>th</sup> 2022, 9.00 a.m. - 1.30 p.m. / 2.30 p.m- 6.00 p.m.

in Piazza Maggiore

## “DAY OF AWAKENINGS IN THE SQUARE”

*In cooperation with*

*CSI (Centro Sportivo Italiano - Italian Sport Centre),*

*Curia Arcivescovile (Archiepiscopal Curia), Pastorale giovanile (Youth Pastoral),*

*Estate Ragazzi (Social Entertainment for young students) ,*

*CIP Comitato Italiano Paralimpico (Italian Paralympic Committee),*

*Croce Rossa Italiana (Italian Red Cross), Avis Provinciale di Bologna (Association of Italian Blood Donors), Rotary Club Bologna, Italian School of Nordic Walking, CAR*

The worlds of Care, Curia, Sport and Voluntary Associations will organise some OCCASIONS of sport activities and play for families, adults and children, patients with disabilities and able-bodied. The involvement of youngsters from schools and youth pastoral will arrange the alternation of testimonies and moments of reflection both on stage and in the square.

This event represents a central moment of diffusion of good care on the assistance and the resocialisation of patients with coma outcomes and ABI.

In cooperation with CSI (Centro Sportivo Italiano – Italian Sport Centre), Curia Arcivescovile (Archiepiscopal Curia), Pastorale giovanile (Youth Pastoral), CIP Comitato Italiano Paralimpico (Italian Paralympic Committee), Croce Rossa Italiana (Italian Red Cross) and others.

The whole day will be the occasion to try some sport and recreational activities and to see exhibitions of athletes with sports clubs.

**Climbing** - PGS Welcome

**Quidditch** - Bologna Quidditch

**Artistic Gymnastics** - Energym - PGS Ima - Yuppies Zavattaro

**Sport fishing** - FIPSAS - Federazione Pesca Sportiva

**Touch Rugby** - Fortitudo Rugby

**Sitting Volley** - A.S.D. Villanova Volley

**Tennis table** - Circolo Spin On e Fortitudo Tennis Tavolo

**9.00 h: Opening of the day with a WALK 'Nordic Walking'**  
*in cooperation with Rotary Bologna starting from Piazza Maggiore  
and an itinerary through the streets of the city*  
Inscriptions: [camminatadeirisvegli@gmail.com](mailto:camminatadeirisvegli@gmail.com)

**From 9.00 a.m: together with CSI (Italian Sport Centre),  
CIP (Italian Paralympic Committee),  
and some other sport clubs of the territory  
Climbing / Quidditch / Artistic Gymnastics / Sport fishing  
Touch Rugby / Sitting Volley / Table tennis / Yoga**

Open trials and demonstrations of sport, recreational activities and adapted sport.  
In cooperation with some sport clubs of the territory.  
Testimonies of patients with coma outcomes who practice sports.  
Testimonies of families and caregivers.

**5.30 p.m: conclusion with meditation**  
with meditation by **Jones Tonelli** yoga instructor **Internoyoga Bologna**  
e **Patrizia Saccà**, yoga instructor  
creator of "Yoga a raggi liberi"

Reservations at [info@internoyoga.com](mailto:info@internoyoga.com) or 3475179101  
[www.internoyoga.com](http://www.internoyoga.com)

 **Bologna | Wednesday, October 12<sup>th</sup> 2022, 9.00 p.m**

**Teatro Dehon - Via Libia, 59**

**Gruppo Dopo...di Nuovo, Gli Amici di Luca**

TEATRO DEHON

*presents*

## **BECKETTIANA**

*Drama and direction*

*Alessandra Cortesi*

*Pedagogical coordination*

*Antonella Vigilante*

*From an idea by Guido Ferrarini*

*Training mimo Luca Comastri*

**FREE OFFER ADMISSION**





ENNEADI European Network in Nutritional  
Education for Acquired Disabilities.

Wednesday 19<sup>th</sup>  
October 2022

h 10.00 > 13.00

Bologna

Sala Colonne  
Emil Banca Credito  
Cooperativo

Via Mazzini, 152  
Bologna (ITALY)

# Nutrition and disability: ENNEADI project results

Interesting talks by researchers, ENNEADI partners and experts are planned, who will present the results of the project and explore the complex relationship between nutrition and acquired disabilities.

## Programme of the event

**Moderator:** Silvana Hrelia – University of Bologna – Department of Sciences for Quality of Life

For information and registration  
e.vignocchi@cfp-futura.it  
tel. 0039 - 051-6811411

Registration by filling out the online form:  
<https://forms.gle/dc2neNCwykEVPGF9>

Lead Partner



Partners



Associated partners

- ▶ AUSL di Bologna - Unità Operativa di Neuroriabilitazione dell'IRCCS Istituto delle Scienze Neurologiche di Bologna (ITALIA)
- ▶ Associazione "Gli Amici di Luca" Onlus (ITALIA)
- ▶ Associazione "La RETE" (ITALIA)
- ▶ Regione Örebro County (SVEZIA)

**10.00**

Welcome and opening

**10.10**

**The ENNEADI - European Network in Nutritional Education for Acquired Disabilities - project: results achieved and presentation of the e-learning course** (Elena Vignocchi - Futura Soc.Cons. r.l., Marco Malaguti - University of Bologna - Department of Sciences for Quality of Life)

**10.40**

**Nutritional approach to disability: presentation of a case study** (Fabio La Porta – Neurorehabilitation Unit for Acquired Severe Cerebral Lesions "Casa dei Risvegli Luca De Nigris", UOC Rehabilitation Medicine and Neurorehabilitation, IRCCS Institute of Neurological Sciences in Bologna, AUSL Bologna)

**11.10**

**Round table: the importance of nutrition in the daily life of people with acquired disabilities** (Roberto Piperno - Specialist in Neurology and in Physical Medicine and Rehabilitation - former Director of the Rehabilitation Medicine and

Neurorehabilitation Operating Unit of the IRCCS - Institute of Neurological Sciences of Bologna; representatives of the Association "Gli Amici di Luca"/"Casa dei Risvegli Luca De Nigris", of "Nueva Opción, Asociación Daño Cerebral Adquirido de Valencia" and professionals having participated to the e-learning course trial)

**11.50**

**Policy recommendations on the importance of practices related to quality of life and good food standards to ensure the well-being of persons with acquired disabilities: presentation of the draft document** (Liuda Radzevičienė, Lina Miliūnienė - Vilnius University Siauliai Academy)

**12.10**

**Thinking to the future - ENNEADI 2.0: the importance of involving family members and caregivers** (Fulvio De Nigris, Director of the Coma Research Centre of the Association "Gli Amici di Luca")

**12.30**

Audience interventions and conclusion

enneadi.eu



**Lituania | Friday, November 11<sup>th</sup>, 9.45 a.m. - 1.30 p.m.**

**Siauliai, Vytauto st. 84, LT-76351**

*Vilnius University, Šiaulių Academy*

## **EUROPEAN NETWORK IN NUTRITION EDUCATION FOR PEOPLE WITH ACQUIRED DISABILITIES: EXPERIENCES AND CHALLENGES**

**International Practical Conference**

### **PROGRAM**

**9.45 - 10.00      Registration/ Connection**

**10.00 - 10.10      Opening Ceremony of the Conference and Welcome Speech**

*Director of the VU ŠA Institute of Education; Prof. Renata Bilbokaitė*

### **PLENARY SESSION**

*Moderators: prof. dr. Liuda Radzevičienė, doc. dr. Laima Tomėnienė*

**10.15 – 11.00      Prof. dr. Liuda Radzevičienė (Vilnius University, Šiaulių Academy),  
“Development of a European Nutrition Education Network for Persons  
with Acquired Disabilities and recommendations for professionals  
working with persons with acquired disabilities”**

### **COFFE BREAK**

**10.35 - 10.55      Prof. Marco Malaguti “Tools to understand Nutrition:  
Food groups, Food Piramides” (University of Bologna, Italy)**

**10.55 - 11.15      Doc. Dr. Renata Geležinienė or Agne  
(Title of presentation is not confirmed yet)**

**11.15 - 11.30      Silvana Hrelia “Nutrition to support Well Being” (University of Bologna, Italy)**

**11.35 - 12.10      COFFE BREAK**

### **PLENARY SESION/EUROPEAN DAY OF AWAKENINGS**

*Moderators: prof. dr. Liuda Radzevičienė, Lina Miliūnienė*

**12.10 - 12.30      Laima Tomėnienė “A Healthy School: Implementing Nutrition Strategies”**

**12.30 - 12.50      VSB Diana Gedminienė “Lithuanian nutrition program”**

**12.50 - 13.00      Lina Miliūnienė “Commemoration of Coma Awakened Persons Day”**

**13.00 - 13.30      Discussion**

Address for Correspondence: [aiste.poneliene@sa.vu.lt](mailto:aiste.poneliene@sa.vu.lt), Tel.nr. (8 41) 595 735





Spain | Wednesday, October 26<sup>th</sup> 2022

*Valencia, Town Hall Square*

*Nueva Opción, Asociación de Daño Cerebral Adquirido de la Provincia de Valencia*

## **“EUROPEAN DAY OF AWAKENINGS (OCTOBER 7<sup>th</sup>) AND NATIONAL DAY OF ACQUIRED BRAIN INJURY (ABI) (OCTOBER 26<sup>TH</sup>)”**

- From 10:00 a.m. to 1:30 p.m., an information stand will be set up next to the main door of the Valencia City Hall, where citizens will be informed about Acquired Brain Injury, its consequences (including COMA), and its causes. During this day, politicians from the city will greet the members of the association, and they also will receive visits from the media.
- A banner commemorating National ABI Day will be hold in the balcony of City Hall.
- The building front of the Town Hall and the Puerta de la Mar, as well as the City of Sciences, will be illuminated in blue, the color of the associative movement of ABI in Spain.



Spain | Thursday, October 27<sup>th</sup> 2022

*Valencia, Calle Fuencaliente 4-6*

*Nueva Opción, Asociación de Daño Cerebral Adquirido de la Provincia de Valencia*

## **Opening of the new Day Center for people with ABI in the city of Valencia**

(Centro de Día III de Nueva Opción)

A new space to care for 30 people affected by ABI



Spain | Saturday, October 29<sup>th</sup> 2022

*Valencia, Garden of the Palau de la Música*

*Nueva Opción, Asociación de Daño Cerebral Adquirido de la Provincia de Valencia*

## **INTERNATIONAL STROKE DAY**

Celebration of the National ABI Day and International Stroke Day, the leading cause of ABI in Spain and Europe. That day the association will have a big party with the members of the entity, affected people, families, politicians, and friends of the association.

This year, in addition, they will deal with Neurohealthy Nutrition at this event, with activities for all people aimed at learning that a good diet prevents the causes that generate, above all, stroke.



Portugal | Friday, October 7<sup>th</sup>, 2.00 p.m. – 7.00 p.m.

Lisbon

NOVAMENTE, Associação Apoio aos Traumatizados Crânio-Encefálicos e Suas Famílias

## “THE POSITIVES INSIGHT OF SURVIVING A COMA”

Sharing ideas on the positive of living after suffering a coma and also a brain injury.

We are also sharing a video in our social networks with the result of this meeting.

*Event speakers: People who have suffered brain injuries*



Belgio | Saturday, November 19<sup>th</sup>

Online event

Coma Science Group - GIGA Consciousness, University and University Hospital of Liege

## “CRS-R & SECONDS ONLINE WORKSHOP 2022”

### About this event

The Coma Science Group (GIGA Consciousness, University and University Hospital of Liege, Belgium), is specialized in the assessment and the care of patients with disorders of consciousness. They use the Coma Recovery Scale-Revised (CRS-R) in their daily practice and they regularly train professionals to learn how to use this scale.

They have recently developed and validated the Simplified Evaluation of CONsciousness Disorders (SECONDS), a faster clinical tool to assess patients with disorders of consciousness.

This third online workshop will provide essential knowledge and clinical training for the CRS-R and the SECONDS.

After 3 editions in Liège, this annual workshop will take place virtually, with 2 separate events simultaneously, in French and English language.

It will start with an introduction on theoretical background about consciousness and the available scales for assessing brain-injured patients.

Then, we will focus on specific administration and scoring guidelines of both the CRS-R and the SECONDS. These interactive sessions will feature real clinical cases and videos to facilitate questions and discussions between participants and experts.

The attendees will have the opportunity to test their knowledge after the lunch break with case-based video quizzes.

<https://www.eventbrite.be/e/crs-r-seconds-online-workshop-2022-tickets-42243917594>

For further information [caubinet@uliege.be](mailto:caubinet@uliege.be)

Coma Science Group will also participate in

## “THIRD WORLD COMA DAY (WCD)”

on Wednesday, March 22<sup>nd</sup>, 2023

See here more info on the event that was held this year:

<https://www.curingcoma.org/events2/world-coma-day>